CORONAVIRUS (COVID-19)

de.gov/coronavirus

PROTECT YOURSELF & OTHERS

WASH YOUR HANDS FREQUENTLY

Be sure to wash your hands, including the backs and under your nails, for 20 seconds. Or use alcohol-based hand sanitizer.

KEEP A DISTANCE OF 6-10FT FROM OTHERS

ft
6-10

Limit your exposure at work, restaurants, and businesses by staying at least 6 feet away from others.

COUGH OR SNEEZE INTO YOUR ELBOW

Do not sneeze into your hand. If you use tissue, dispose of it right away.

STAY HOME WHEN YOU ARE SICK

Be safe. If you feel sick, stay home.

DO NOT TOUCH YOUR FACE

Do not touch your eyes, nose, or mouth with unwashed hands.

CLEAN SURFACES REGULARLY

Clean commonly used surfaces such as phones, computers, desktops, countertops, cabinets and handles.

Questions? Contact us.

2-1-1 or 7-1-1 for those who are deaf and hard of hearing. Email **DPHCall@delaware.gov**